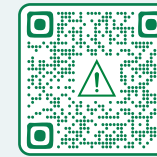


Be Safe in EARTHQUAKE COUNTRY

Earthquakes can happen anytime. A few seconds of warning time and knowing what to do when you feel shaking or get an alert can make all the difference to your safety.



GET ALERTS

Make sure you can get earthquake early warning alerts on your cell phone. usgs.gov/FAQ/BeShakeAlertSafe

Buildings

Drop, Cover, and Hold on.

Stay indoors and away from windows. Do not use elevators.

In bed? Stay there face down, and cover your head with a pillow



Outdoors

If possible, move to an open space away from buildings and tall objects.

Drop, bend over, and cover your head and neck.



Large Venues

Drop to the ground in front of your seat or **lean forward**, **cover** your head with your arms, and **hold on** to your neck with both hands until shaking stops.



Beach & Coast

Drop, Cover, and Hold On.

After shaking stops, go to high ground or inland immediately.

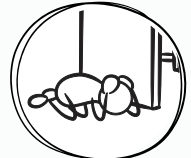
Stay there until local officials say it's safe to return.



Shops & Restaurants

Move next to an inside wall or under a table.

Drop, Cover, and Hold On.



Transit

Lean forward, **cover** your head with your arms, and **hold on** to your neck with both hands until shaking stops.



If you feel shaking or get an alert:



DROP!



COVER!



HOLD ON!

Follow guidance from local officials.

Adjust based on your situation and surroundings.

DO

- ✓ Stay aware of your surroundings
- ✓ Assess hazards before moving

DO NOT

- ✗ Run outside
- ✗ Stand in doorways

The ShakeAlert Earthquake Early Warning System, managed by the U.S. Geological Survey, detects significant earthquakes so quickly that alerts can reach many people before strong shaking arrives, so they can take a protective action.