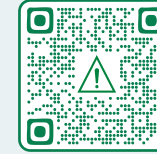


Be Safe in EARTHQUAKE COUNTRY



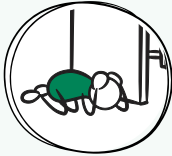
GET ALERTS

Make sure you can get earthquake early warning alerts on your cell phone.
usgs.gov/FAQ/BeShakeAlertSafe

Buildings

Drop, Cover, and Hold on. Stay indoors. Move away from windows. Use an inside wall or table for cover. Do not use elevators.

In bed? Stay there face down, and **cover your head** with a pillow.



Outdoors

If possible, move to an open space away from buildings and tall objects. **Drop, bend over, and cover** your head and neck.



Large Venues

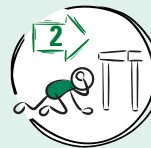
Drop to the ground in front of your seat **or lean forward**, **cover** your head with your arms, and **hold on** to your neck with both hands until shaking stops.



If you feel shaking or get an alert:



DROP!



COVER!



HOLD ON!

Follow guidance from
local officials.

Beach & Coast

Drop, Cover, and Hold On. After shaking stops, go to high ground or inland immediately. Stay there until local officials say it's safe to return.



Limited Mobility

Use a wheelchair or walker? **Lock** wheels or brakes if possible. **Cover** your head and neck with your arms. **Hold on.**



Traveling

In a transit terminal? **Lean forward**, **cover** your head with your arms, and **hold on** to your neck with both hands until shaking stops.



In a car? **Slow down**, **pull over**, **stop**. Avoid overhead objects. Stay inside.



DO ✓ Be aware of your surroundings
✓ Assess hazards before moving

DO NOT ✗ Run outside
✗ Stand in doorways

ShakeAlert™ **HRN**
HAZARD READY NATION